

# Summer Discovery

at SJND

SJND's Summer Discovery is a unique blend of academics, athletics and fun activities for students entering grades 3 through 12. We offer cooking, Shakespeare and science camps, as well as volleyball, basketball and conditioning programs. There's something for everyone!

## COOKING WITH MITCH

Mitch Costanza, a professional chef who loves teaching, spends the summer at SJND showing kids basic culinary skills, based on what campers want to eat. Campers prepare food, cook it and eat together. This is a very popular class; each class is limited to 10 students. **Weeks of June 13, 27 and July 18. 9 a.m. to noon.**

## COOKING AROUND THE WORLD

Kids will prepare and cook different international delicacies, from Asia, Africa, South America and other locales. There will be personalized attention as campers learn chopping, dicing and sautéing skills. This camp is limited to 10 people per class. **Week of July 25. 1 to 4 p.m.**

## LIVE FROM THE IMPROV AT SJND

Learn acting, comedy and drama skills in a group setting. Improvisation stimulates the imagination, strengthens stage presence and communication skills, and students have a great time! The last day will include an improv performance. This class is limited to 15 students. **Week of June 20. 9 a.m. to noon.**

## SHAKESPEARE PLAYERS CAMP

SJND is happy to welcome the San Francisco Shakespeare Festival to host one of its fun camps for kids. The camp offers students the opportunity to study Shakespeare in a fun, supportive atmosphere. **\$444. July 25-Aug. 5. 9 a.m. to 3 p.m.**  
[http://www.sfshakes.org/camp/basc\\_7-13.html](http://www.sfshakes.org/camp/basc_7-13.html)

## PUBLISH A LITERARY MAGAZINE

Campers will have the opportunity to write a short story, poem or play. Chad Hamilton, teacher at Havens Elementary School in Piedmont and a published author, will work with the campers to self-publish a magazine. **Week of July 18. 9 a.m. to noon.**

## "APPRENTICE" BUSINESS SCHOOL

This "Apprentice"-style business game encourages campers to develop business, leadership and marketing skills. Players will receive tasks, and at the end of the week, whoever makes the most money throws a winners' party! The class will take well-supervised field trips. Limited to 20 students. **Week of July 11.**

## GARAGE BAND

Be part of the band! This camp is designed to introduce students, ages 9 to 13, to the joys of learning a new instrument or improving upon one they already know. Campers will learn all kinds of music. The camp will be run by SJND's popular band director, Paula Cekola. For the beginning to the advanced player, our focus is on fun, fundamentals and skill development. **Two-week session beginning July 11. 9 a.m. to 3 p.m.**

## PRIVATE MUSIC LESSONS

Children have the opportunity to learn how to play an instrument over the summer in 45-minute music lessons with talented and experienced SJND music students. This is a way to set up affordable music lessons for your child, with the cost being 10 lessons for \$300 or \$35 each for 1-9 lessons. For children going into grades kindergarten to 6. **All weeks. By appointment.**

## EUREKA!

SJND is partnering with Girls Inc. to offer this teen achievement program for rising 6th and 7th grade girls. Campers will spend four weeks on the SJND campus participating in hands-on activities in math, science, technology, sports, personal development and careers. For more information, contact the Girls Inc. program coordinator at 510-357-5515, ext. 211

## MODEL UNITED NATIONS

Campers are each assigned a country, and they learn how to assume the role of ambassador of that country, forging international relationships, making laws and passing treaties. This session will include negotiating a peace treaty resolution to see if they can solve the age-old problems of choosing between how to bring peace to the world or to declare war. **Two-week session beginning Aug. 1. 9 a.m. to 2 p.m.**



REGISTER FOR

SUMMER DISCOVERY TODAY!

**The fee for each camp is \$155, unless otherwise noted. Registration is due May 15.**



## SJND INVITATIONAL CAMPS

*SJND is proud to offer its annual invitational camps for middle schoolers. The camps are by invitation only and full scholarships will be offered. Principals will be asked to nominate students. It's great to give these students a head start on the SJND experience!*

### SCIENCE INVITATIONAL

This is a challenging, fun-filled opportunity for a select group of rising seventh graders. The camp will be led by Science Department Chair Kristina Stone. Explore chemistry, biology, physics, astronomy and other sciences. The camp will be held in the Anthony V. Aiello Science Center, SJND's college-level science facility. **Week of Aug. 1. 9 a.m. to 2 p.m.**

### CREATIVE WRITING INVITATIONAL

This camp is for rising sixth graders who have an interest in literature and writing. It is by invitation only, and students will be nominated by their principals. The camp will be headed by SJND teacher Rachele Latham. Topics will include: reading, literature analysis and writing. **Week of July 18. 9 a.m. to 2 p.m.**



## SJND SPORTS CAMPS

*SJND offers sports camps that are perfect for elementary and middle school students. In addition to teaching the fundamentals, the camp staff also put an emphasis on having fun.*

### PILOTS HOOP CAMP FOR GIRLS

Coach Julianne Berry of the varsity women's team at SJND brings a lot of fun to this week of basketball for girls who want to play hoops. This is a chance to learn from experienced and winning coaches, as well as college and high school players. Work on fundamentals and meet other kids who love the game. **Week of June 13. 1 to 4 p.m.**

### PILOTS HOOP CAMP FOR BOYS

Join Coach Don Lippi, the coach of the championship SJND Pilots, in the Kelly Gymnasium for a week learning and working on advanced fundamentals and skills of basketball. **Week of June 20. 1 to 4 p.m.**

### PILOTS ALL-DAY CO-ED HOOPS CAMP

Join the Pilots championship varsity basketball staff in the Kelly Gymnasium for a week learning the fundamentals of basketball. Members of the varsity team help Coach Lippi out, so that younger kids get to know the high school players and learn from them. **Week of June 27. \$195. 9 a.m. to 3 p.m.**

### GIRLS VOLLEYBALL CAMPS

For beginning through advanced players, the focus is on fun, fundamentals and skill development. This camp, run by Pilots Coach Ed Chen, is a great way to develop volleyball skills and get ready for the high school league. **Weeks of June 13, 20. 9 a.m. to noon.**

### GIRLS VOLLEYBALL LEAGUES

Girls can keep up on what they learned in volleyball camp by joining this five-week volleyball league. Each team will have five league matches plus playoffs. Players should be prepared to play at least one match and help officiate a second match.

**Beginning League, Grade 5 to 6:**

**Mondays, June 20 through July 25. 7 to 9:30 p.m. \$135.**

**Intermediate League, Grades 7 to 9:**

**Wednesdays, June 29 through July 27. 7 to 9:30 p.m. \$135.**

### BOYS VOLLEYBALL CAMPS

High school boys volleyball is played indoors and is a fast-paced and growing sport. This is an awesome opportunity to play a new and popular indoor sport. **Week of July 11. 1 to 4 p.m.**

### CHEERLEADING

The Pilots cheerleaders and varsity coach Atheana Canalin will teach all-girls cheer exercises, stunting, tumbling, cheers and chants in addition to other fun activities. **Weeks of June 27, July 11. 1 to 4 p.m.**

### SOCCER

SJND will also offer two soccer camps in conjunction with the Alameda Recreation and Park Department. **See the ARPD summer brochure for details. Weeks of July 11, July 18. 1 to 4 p.m.**

### SOFTBALL

SJND will also offer softball camp in conjunction with the Alameda Recreation and Park Department. **See the ARPD summer brochure for details. Week of June 20. 1 to 4 p.m.**

### SPEED AND DISTANCE

Learn strategies for improving your running and endurance. This camp will focus on running form, endurance games, creating better lateral movements and other cross country and track techniques. **Week of Aug. 1. 1 to 4 p.m.**



## SJND ACADEMIC ENRICHMENT

*SJND offers a summer enrichment program for elementary, middle and high school students. In addition to the academic inspiration, campers have fun and make friends at SJND. This year's program has even more to offer, with new classes for all students.*

### BACK TO SCHOOL BOOT CAMP

Get ready to go back to school! These three-hour morning sessions will prepare elementary school students, grades 3 to 5, to go back to school and will be led by credentialed elementary school teachers. Reading, writing and math will be emphasized. This camp will work on the basics with twist, because it's going to be fun with games and group projects, too. This camp is timed perfectly to help students head right back to school. **Weeks of Aug 1, 8. 9 a.m. to noon.**

### MIDDLE SCHOOL SUCCESS STRATEGIES

This program for rising 6th, 7th and 8th graders will prepare them for middle school and beyond. Students will work on their reading comprehension, study skills, note taking, organization and time management skills for the increasingly demanding world of middle school. This class is limited to 20 students. Offered in August to coincide with students' return to school. **Week of Aug 8. 9 a.m. to noon.**

### HIGH SCHOOL SUCCESS STRATEGIES

Open to any student entering high school, whether you're planning to go to SJND or not. This class is essential for new high school students. We'll show you the best tips for study skills, how to access resources on campus and best practices for studying and note-taking. Time management, a huge part of succeeding in high school, will also be part of this session. **Week of Aug. 8. 9 a.m. to noon.**

### JUMPSTART YOUR COLLEGE SEARCH

For rising juniors and seniors at any high school, spend a week with Jennifer Levy-Wendt, a professional college counselor, developing strategies for your college search. Topics will include finding the right college, scouring the internet for scholarships, understanding the application process and deadlines, and unmasking the financial aid process. Limited to 15 students. **Week of July 11. 9 a.m. to 1 p.m.**

### ACT PREP

Students will feel more confident and be better prepared to take the ACT. This class will be offered on Wednesdays and Fridays over eight weeks and will include at least three mock-ACT tests. This class, taught by Eureka Test Prep, is designed to finish two weeks before the September ACT. Cost is \$499 and scholarships may be available. **Beginning June 20.**



## SUMMER DISCOVERY FOR SJND STUDENTS

*SJND offers several summer offerings for students rising to grades 9 to 12. These camps give high school students the opportunity to stretch themselves outside the classroom or prepare for fall sports.*

### CALIENTE WITH CHRISTINA

Mexican cooking with teacher Christina Cory. Visit ethnic markets and prepare, cook and eat a tasty lunch. Limited to 10 students. **\$399. June 20 to July 1.**

### STRENGTH AND CONDITIONING

Daily weight lifting and conditioning for high school athletes. \$100 for three weeks. **Week of July 25, Aug. 1, 8. 3 to 5 p.m.**



## REGISTER FOR THE WHOLE DAY AT SUMMER DISCOVERY AT SJND!

**Families are invited to register for same-day morning and afternoon camps. Lunch supervision will be provided for campers on the SJND campus. Campers should bring their lunch.**

# SJND Summer Discovery



## 2011 REGISTRATION FORM *(Forms due May 15, 2011)*

Student name: \_\_\_\_\_ Grade: \_\_\_\_\_

Address: \_\_\_\_\_ Email: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_

Parent/guardian name: \_\_\_\_\_

Parent/guardian phone: \_\_\_\_\_ Emergency phone number: \_\_\_\_\_

Camps you wish to sign up for: \_\_\_\_\_

\_\_\_\_\_

Total amount due: \_\_\_\_\_

Please send a check for total amount with this registration form to: SJND, 1011 Chestnut Street, Alameda CA 94501

Or charge amount due to Visa or Mastercard. (Please circle one.) **Form may be sent to SJND fax: 510-523-2181**

Card Number \_\_\_\_\_ Name on Card \_\_\_\_\_

Expiration Date \_\_\_\_\_ Signature \_\_\_\_\_



## SJND SUMMER DISCOVERY PROGRAM MEDICAL RELEASE

Parents/Guardians Names: \_\_\_\_\_

Emergency Phone: \_\_\_\_\_ Emergency Contact: \_\_\_\_\_

Physician: \_\_\_\_\_ Phone: \_\_\_\_\_

I am aware that participation in this sport/activity has some inherent risks, and that on rare occasion serious injuries can and may occur. In consideration for my son/daughter being allowed to participate in the sport or activity, I assume the risk of all injury, and agree not to sue Saint Joseph Notre Dame High School, Administration, Athletic Department, coaches, agents, teachers, or volunteers for any and all injuries caused by or resulting from any participation in the activity.

I authorize the SJND Summer Discovery Program to seek emergency medical care for my son/daughter by my signature below. I agree that in the event my child is injured as a result of her participation in the Summer Discovery camps, whether or not caused by the negligence (active or passive) of the school, or any of its agents or employees, recourse for the payment of any resulting hospital, medical, or related costs and expenses will first be had against any accident, hospital or medical, or any available benefit plan of mine or my spouse. I am not aware of any medical condition of my child which would render inappropriate for her to participate in any such activity. I hereby give permission to the physician selected by the school supervisory personnel present to render medical treatment necessary and appropriate by the physician. I have read thoroughly the release form and understand clearly all the details outlined.

Parent/guardian signature: \_\_\_\_\_ Date \_\_\_\_\_

**Release:** I give permission for photographs taken by the SJND staff to be used without compensation for promotional purposes.

Signature: \_\_\_\_\_